

CONTRA COSTA HILLS CLUB – HIKING SCHEDULE

JANUARY 1 – MARCH 30, 2017 **Version: 8**

Selected Guidelines: Leaders: Appoint a rear leader; wait at intersections for all to catch up. **Hikers:** Let the leader lead. **Report to leader if dropping out before end of hike. Everyone:** Bring water & drink it. Bring lunch unless stated otherwise. Sticks & boots advised on hilly trails. **Carpooling:** When cars are needed, call leader before the hike with offer to drive. Hikers needing rides **must** also call. Riders are to share expenses with drivers. Suggested rate is 15-cents per mile plus share of bridge tolls & entrance fees.

For most agencies, call 511 & state agency for which you need information.

Please carefully note the starting times. If transferring from BART to a bus or other public transit, the time given is the departure of the bus, etc. Please allow at least 15 minutes to get from the BART train to the other transportation.

This symbol ☉ indicates a short hike is offered with the longer hike.

This schedule is posted on our website: www.contracostahills.org

SUNDAY, JANUARY 1☉ ANNUAL NEW YEAR'S TOP OF TAM

9:15 leave Del Norte BART, east parking lot, **where cars are needed** to drive to Rock Spring. Hike to East Peak via Rock Spring Trail to West Point Inn, then Old RR Grade & Ridgecrest to East Peak. 8+ miles & 830' elevation gain or do the shorter hike to West Point Inn & return, 4 miles. Sticks useful. Rain cancels. **All hikers must email or call** Patricia: cchchikergal@sbcglobal.net or call 925-685-1614 by 6:00 p.m. 12/31/16.

LEADERS: Lynne Vogensen 925-672-1096 & Patricia Derickson 925-876-3278 (cell)

THURSDAY, JANUARY 5 BERKELEY MARINA & NATURE CENTER

9:30 meet @ Downtown Berkeley BART. Bus 51B to Marina @ 9:44. If driving, meet at HS Lordships, 199 Seawall Drive. Hike marina park(s). Light rain OK. After lunch, to Shorebird Nature Center for tour & AV presentation. \$2.00. About 5 miles.

LEADERS: Lucy Perdichizzi 510-601-7273 (cell day of hike 510-410-1285) & Noël Siver noelsiver2@yahoo.co.uk or 510-923-1327 (landline, no cell)

Canceled

SUNDAY, JANUARY 8 WILDCAT CANYON REGIONAL PARK

9:30 meet @ Del Norte BART **where cars are needed to drive to Alvarado Park Wildcat Canyon Staging Area off of McBryd Ave. Meet up 10 a.m. hiking the Belgum, Old Nimitz Way, San Pablo Ridge trails. Lunch at Nike Radar Missile Site. Return on Mezue and Wildcat Creek Trails on a moderate downhill. Sticks advised. 7 miles, 800' elev gain. Rain cancels. Riders and drivers call or email Linda (margossian@comcast.net).**

LEADERS: Rich Sandvick 707-577-8301 and Linda Margossian 510-236-9224

THURSDAY, JANUARY 12 INSPIRATION POINT TO WILDCAT PEAK

10:00 meet at Orinda BART **WHERE CARS ARE NEEDED** to drive to Inspiration Point. Out and back on fairly level paved trail (Nimitz) about 4-5 miles. Final climb to Wildcat Peak is a short, moderately steep dirt trail with lunch at the top. Great views. Bathrooms at the start of the hike only. Light rain OK; heavy rain cancels. **RIDERS AND DRIVERS MUST CALL OR EMAIL (PREFERRED) MARY.**

LEADERS: Mary Ulrich C: 925-876-0803; mulrich@sbcglobal.net & Noël Siver 510-923-1327

SUNDAY, JANUARY 15 TILDEN'S HIDDEN, SECRET, HISTORIC & MYSTERIOUS SITES

9:00 meet @ North Berkeley BART. Drive to Tilden Park Nature Area parking lot or meet there at 9:25; 7 mi & 1,600' elev. gain. Bring sticks & boots. Great views. Everyone must call John 510-540-1008 or email jmc62@sbcglobal.net.

LEADERS: John Christian (day of hike 510-559-0110) & Bill Motzer 950-247-0211

THURSDAY, JANUARY 19 PRESIDIO TOUR AND WALK

9:15 meet in front of Hyatt Regency Hotel (Drumm Street/Embarcadero BART) to board PresidiGo Shuttle to Presidio Transit Center. Restrooms. 10:00 tour departs to Main Parade Ground, Old Officers' Club (museum), Earthquake Cottages, Sean Connery's Quarters in "Presidio" and more. Bring or buy lunch. After lunch, walk (less talk) Crissy Field where nature has been restored and the birds are happy! 5 mi, mostly level. Rain shortens.

LEADER: Mary Johnson 415-272-6067 or Freespiritours@sbcglobal.net

SUNDAY, JANUARY 22 BENICIA HISTORY STROLL

10:00 meet @ Pleasant Hill BART **where cars are needed** to drive to Benicia Fishing Pier (foot of 1st St.) Exit 5 from 780 West arriving by 10:30. Historic buildings. Leisurely lunch @ one of many restaurants on 1st St. & hike more of Benicia afterwards. Approx. 5 level miles. **Riders & drivers MUST email or call** Patricia (925-685-1614, cchchikergal@sbcglobal.net) by 6 p.m. Sat., Jan. 21. Heavy rain cancels.

LEADERS: Patricia Derickson 925-876-3278 (cell) & Fran Leighty 925-944-9068

THURSDAY, JANUARY 26 TWO SMALL CONCORD PARKS

9:45 meet at Concord BART. 10:00 take County Connection bus #10. Reg fare \$2, srs \$1. Clipper card accepted. Exit just prior to La Vista Ave. on Clayton Rd. Turn right on La Vista & walk 4 blocks to Markham Nature Park staging area & restrooms. Drivers can park in parking lot at Markham. Walk in gardens at Markham, then continue to Newhall Community Park. Mostly level blacktop trails w/one moderate hill. Sticks optional. Abt. 5 miles, not a loop. Light rain OK, heavy rain cancels. Option to shorten hike after lunch.

LEADERS: Kathy O'Toole cell day of hike only: 925-348-1151 & Herb Yonge 925-672-6173.

SUNDAY, JANUARY 29 IRON HORSE TRAIL WALNUT CRK TO DANVILLE

9:14 meet @ Walnut Creek BART **where cars needed** to drive to trailhead. Rudgear Rd. trail staging circle up **9:40**. Hike is 9 miles out and back with option to take bus back to Rudgear Staging from Danville 4.5 miles. Lunch is bring or buy at Linardi's Danville.
LEADERS: Dorothy Bradt (H) 925 889-9532 (C) 925 890-7195 & Maria Buckmaster 925 686-0634

Canceled

THURSDAY, FEBRUARY 2 OAKLAND'S PAST, PRESENT, & FUTURE

10:00 meet at Latham Square near 1600 Broadway (19th St BART). We will visit the powerful Champions for Humanity sculptures, Alice St. mural project, roof garden at the Kaiser Ctr, & wall paintings of dragons in Chinatown. Light rain OK. 4 miles on city streets.
LEADERS: Noël Siver noelsiver2@yahoo.co.uk or 510-923-1327 (landline, no cell) & Lucy Perdichizzi 510-601-7273 (cell day of hike 510-410-1285)

SUNDAY, FEBRUARY 5 SIBLEY TO HUCKLEBERRY

9:25 meet @ Orinda BART. **Cars needed** to drive to Skyline Blvd. entrance of Sibley Volcanic Regional Preserve where hike begins & ends. Strenuous loop hike with some steep sections. 5 1/2 mi, 1245' elev gain. Sticks recommended. Rain or high winds cancels. Riders & drivers please call or e-mail Lynne.
LEADERS: Dorothy Bradt 925-889-9532, Cell 925-890-7195 & Lynne Vogensen 925-672-1096 e-mail msllynne33@yahoo.com

THURSDAY, FEBRUARY 9 MISSION DISTRICT HIKE, SAN FRANCISCO

10:00 meet at Mission/16th St. BART. Walk 4-5 miles on paved streets. Mostly level hike on Valencia, Mission, 24th St., and Harrison St. We will take leisurely hike paying particular attention to interesting places to eat, shop, look at murals and artwork. Bring or buy lunch at one of many places; e.g., La Taqueria, Arizmendi, or Mission Pie which are within one block of each other. Restroom at Dolores Park.
LEADERS: Florence Yokoi 415-613-4436 (cell) & Jo Anne Schultz 510-734-9324

SUNDAY, FEBRUARY 12 MOUNT TAMALPAIS

8:45 LEAVE PROMPTLY El Cerrito Del Norte BART **where cars are needed** to drive to Mt Tamalpais. Reconvene at Bootjack parking lot (space limited, \$5 charge) Hike is approx 7 miles < 500 ft elev gain. Sticks recommended. Rain or heavy winds cancels. Drivers and riders please call Mary Ulrich before 6 p.m., Saturday, 2/11.
LEADERS: Anne Herrick and Mary Ulrich 925-876-0803

**THURSDAY, FEBRUARY 16 OYSTER BAY, SAN LEANDRO
THE ANNETTE ALLEN MEMORIAL WALK**

9:55 meet at Davis St (San Leandro BART) to catch the **9:58** #89 counterclockwise bus. Walk begins at Neptune & Marina. After lunch, catch bus back to BART or continue on to San Leandro Marina. 4 to 6 level miles.
LEADERS: Beryl Vonderheid 510-532-8340 & Rosalie Kingston 415-661-5055.

SUNDAY, FEBRUARY 19 OLOMPALI STATE HISTORIC PARK, NOVATO

9:40 SHARP! leave El Cerrito Del Norte BART east parking lot **where cars are needed** to drive across Richmond/San Rafael Bridge taking 101 N to Exit 463 to Olompali SHP. Parking fee \$8. We will hike 9.76 miles, 1070' gain. **Riders & drivers MUST email or call** Patricia at cchchikergal@sbcglobal.net or 925-685-1614 by 6 p.m. Feb 18.
LEADERS: Patricia Derickson 925-876-3278 (cell) & Mike Branning 510-734-5041

THURSDAY, FEBRUARY 23 LARKSPUR FERRY LOOP

8:45 meet in front of SF Ferry Bldg. [One block from Embarcadero BART.] **9:10** Depart on Larkspur Ferry (Adult fare \$11.00; Seniors \$5.50 or Clipper card.) **9:45** arrive @ Larkspur Ferry Bldg. Mostly flat, paved & dirt 9-mile loop to San Rafael, San Anselmo & back to Larkspur Ferry Bldg. along multi-use trails & sidewalks. Bring or buy lunch. Return to SF on **2:50** or **3:40** ferry. Heavy rain cancels.
LEADERS: Liz Howell 415-584-1204, cell morning of hike only 415-425-5538; Linda Margossian 510-236-9224 & Jo Anne Schultz 510-234-1919

SUNDAY, FEBRUARY 26 PLEASANTON RIDGE

9:30 meet outside West Dublin BART station on **Dublin side where cars are needed** to drive to the staging area on Foothill Road in Pleasanton. **Riders and drivers must call Rose @ 925-462-7854** prior to hike day. 7 miles, 1 steep single file trail at start then flat. Sticks advised. Heavy rain cancels.
LEADERS: Rose Susoeff (925-315-1670) day of hike only; Terry Duewer (925-443-6085)

THURSDAY, MARCH 2 EL CERRITO PLAZA TO BLAKE GARDEN

10:00 meet @ El Cerrito Plaza BART hike city streets to Blake Garden in Kensington for a docent-led tour of the teaching and research garden of UC Berkeley. Bag lunches @ garden. Loop hike, about 4 miles, 530 feet gentle elevation gain.
LEADERS: Lily Ho 510-898-1438, cell morning of hike only 734-649-8240 & Mary Huang 510-236-8258

Canceled

Rain and possible THUNDER Storms

SUNDAY, MARCH 5 DEER PARK (Fairfax)

8:45 LEAVE PROMPTLY El Cerrito Del Norte BART **where cars are needed** to drive to Deer Park via Porteous Rd (about 5 mins from Fairfax). 7 mile, 800' elevation gain to Phoenix Lake and back. Sticks recommended. Rain and heavy winds cancel. Drivers and riders please call Diane Cannon by 6 p.m. on Saturday 4th.

LEADERS: Anne Herrick and Diane Cannon 406-465-9873

THURSDAY, MARCH 9 MORI PT. TO PACIFICA PIER, PACIFICA

10:29 board #110 SamTrans bus @ Daly City BART; \$2.25 adult, \$1.10 senior, discount w/Clipper. **11:02** off board @ Pacifica Community Ctr, (Crespi & Hwy 1). Two moderate hills. Abt 4 miles, paved & dirt trails. Return #110 bus from Eureka Sq. Shopping Ctr.

LEADERS: Dan & Alice Brockman 650-755-4497, Jim Grieb 650-359-6294

SUNDAY, MARCH 12☺ BLACK MOUNTAIN HIKE, LOS ALTOS

8:30 meet @ Fruitvale BART **where cars are needed** to drive to Hidden Villa (hiddenvilla.org). Highest Mt. of north Santa Cruz, hiking through wildflowers with multiple creeks. 8+ mi/ ~1500' elev gain. Sticks useful. Optional summit hike ~ 2 miles more. Take 280 South, exit El Monte Rd west. Go 7 mi then left on Moody Rd 1.7 miles to 26870 Moody Rd. Meet at last parking lot, ~\$6.

Drivers and riders must call.

LEADERS: Sophia Garcia 510-549-2413 **co-leaders is** Diane Cannon

THURSDAY, MARCH 16 MCLAREN PARK, SF

10:00 meet at Glen Park BART. Walk to McLaren Park, second largest park in SF. Hike 6+ miles in very hilly terrain. Walk 'Philosopher's Stone', Greenway. Dirt/sidewalks. Return to Glen Park BART.

LEADERS: Rose Susoeff (H) 925-462-7854, (C) Day of hike only 925-315-1670 & Pat McDonald 925-443-2917

SUNDAY, MARCH 19 ANNUAL MEETING

THURSDAY, MARCH 23 AQUATIC PARK TO GOLDEN GATE BRIDGE

9:45 exit Civic Center BART. **10:00** meet @ 30 Grove St. entrance of S.F. Main Library (after using restrooms inside), then board #19 Muni bus @ Larkin & Grove, exit Beach & Polk. Meet @ bus shelter there. Enjoy 4-5 mile mostly level hike along Bay, steps to G.G. Bridge. Shorter hike possible. Heavy rain cancels. Return on bus & BART. Mary's cell day of hike only 510-457-6789.

LEADERS: Mary Huang 510-236-8258 & Connie Gee 510-528-3421

SUNDAY, MARCH 26 ROUND VALLEY TO LOS VAQUEROS DAM

9:00 meet @ Walnut Creek BART **where cars are needed** to drive to Los Vaqueros Dam (parking \$4res, 5-Sr, 6-Reg). Some cars staged at Los Vaqueros Dam to ferry hikers back, others at start in Round Valley (no fee). Meet up 10:00, 8 mi. & 1200' elev. Gain. Sticks recommended. Outhouse/restrooms at start/end. Rain cancels. **ALL hikers must email Ed**, edwin@osadas.org or call 925-980-2641.

LEADERS: Ed Osada 925-980-2641, Diane Cannon 406-465-9873 & Sue Elliott 925-672-0533

THURSDAY, MARCH 30 BENICIA STATE RECREATION AREA

9:30 meet at Del Norte BART or **9:30** meet @ Pleasant Hill BART (Reyanne and Pat) where **cars are needed @ both locations**. Or **10:10** @ foot of 9th St. @ Alvarez-West 9th Street Park, Benicia. Walk 7 level miles out and back on paved trail/sidewalks, thru Marshland along Southampton Bay. Great views. Light rain ok, heavy rain cancels. Riders and drivers must call Reyanne Freeman (H) 925-682-6819, (C) 925-518-4962.

LEADERS: Reyanne Freeman & Pat Brack cell day of hike only 925-305-7977

APPLICATION FOR MEMBERSHIP – CONTRA COSTA HILLS CLUB

Dues are \$15 per person or \$10 per person for 2 or more people living at the same address. Dues are payable upon joining and on each April 1 thereafter. Complete this form, enclose with a check payable to CCHC, and mail to the Membership Secretary:

Connie Gee – 1121 Brighton Avenue, Albany, CA 94706 (510-528-3421)

NAME(S) _____

ADDRESS _____

CITY _____ ZIP _____

PHONE _____ e-mail _____

Cell # _____ Check here for day of hike only _____